

Nambucca Heads Public School



Proud to be a Positive Behaviour for Learning School

Cnr Ridge & Lee Streets
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NAMBUCCA HEADS,
NSW, 2448

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Principal:
Cheryl Banks

Principal's Report

Emergency at Nambucca Heads!

Sirens, emergency vehicles and people dressed in protective uniforms arrived at Nambucca Heads on Tuesday 18th June. No it wasn't a major emergency, it was the biannual Go Safe Safety Awareness Day.



Volunteers from the Gumma Rural Fire Service, Marine Rescue, State Emergency Service, Fire and Rescue NSW, Robyn Burrows from Surf Safety, Busways and the Volunteer Rescue Association gave up their valuable time to share their knowledge and experiences.

www.nambuccahd-p.schools.nsw.edu.au

Email: nambuccahd-p.school@det.nsw.edu.au

The bottom oval saw an invasion of bicycle challenges. Children took on the off road experience, hill climb, steep descent, ramp challenge, straight line drive and the weave. A roundabout, pedestrian crossing and giveaway were also encountered.

A massive thank you to our local emergency volunteers for giving up their time. Feedback from the emergency service volunteers was extremely positive commenting on how well behaved our students were and what a fantastic initiative the day was. Also they can't wait to come back again. The sumptuous morning tea and lunch was also very appreciated. Thank you again.

Also a huge thank you to Mrs Fenning for organising and co-ordinating the day. The students had a great day. Even mother nature smiled on the day.



Term 2
Week 8

19 June 2013

Calendar of Events

June

- 25 NAIDOC Celebrations
- 26 Reports Home
- 27 Stage 1 PJ Day
- 28 Last day of Term 2

July

- 16 Students return Term 3
- 19 State X-Country
- 26 School Athletics

August

- 2 District Athletics
- 19 MNC Athletics
- 27 Father's Day Stall
- 30 North Coast Athletics

September

- 1- 4 Stage 2 Excursion
Lake Keepit
- 20 Last Day Term 3

STOP PRESS

No P&C meeting tonight.
Postponed. Date to be decided.



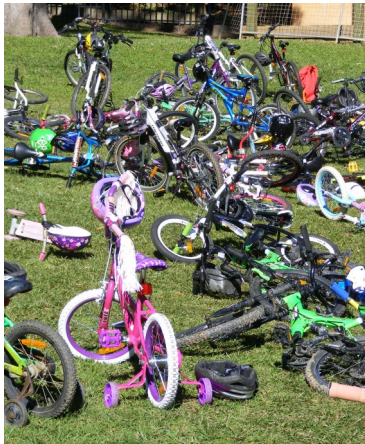
More Emergency Services Day Photos



SES Volunteers



VRA Volunteer



Mass of bikes for the bike safety awareness course.

PBL Celebration

Last Thursday Seemore and the PBL team congratulated all students and staff on their outstanding support of the PBL program with a celebration Assembly. Children have shown they know and follow playground rules, they have appropriate manners and behaviour at all assemblies and that they have taken on the values of being Safe, Honest and Respectful students.

The occasion also marked the launch of PBL values and lessons into the classroom. This was followed up with home-made cakes to show our appreciation.



Hey Dudes ! Thanks for being Safe, Honest and Respectful and always having fun.

Mrs Woodhouse & Mrs Makinson icing cupcakes.



Harrison Chapman collects his cupcake.



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NAIDOC Celebrations Set for Next Week

NAIDOC Week celebrations will commence next week at Nambucca Primary. On Monday 24th June, classes will commence beautifying a section of hard surface with chalk art.

Tuesday 25th June is our main day of celebration commencing with a special assembly in the School Hall at 9.05am.

After assembly each class in turn will visit the Library to listen to local Gumbaynggirr stories from Aunty Emily Walker. She will be accompanied by local artist Sharon Smith. From the Library, classes will walk through the adjacent rainforest to the Jaaning Tree Restaurant for a bush tucker sampling.

We are again very grateful for the hospitality and generosity of spirit demonstrated by Jane and Clayton Donovan. They welcome every student, teacher, School Learning Support officer and accompanying parents into their restaurant and prepare a selection of delicious bush tucker for everyone's enjoyment.

Thank you Jane and Clayton for your time, effort and support of our Nambucca Primary whole school community.

We are pleased to have local aboriginal artist Brentyn Lugnan demonstrating art

technique and telling stories at the Jaaning Tree.

Also next Wednesday Ritchie Donovan will be at Gordon Park ably assisted by Mr Katte. They will be organising indigenous Games for each class to enjoy.

Please join us for the assembly and activities if you are able to attend.

Many thanks to our very capable School Aboriginal Education Team, Kathie McKinney, Leah Miller, Adrian Herron, Julia White and Jenny Joske.

Request for Donations of Fruit



We would appreciate donations of fruit to add to fruit platters to be served at the Jaaning Tree. If you are able to donate fruit please send it to the front office on Monday 24th June or Tuesday 25th June.

**Get your
"RESPECT" BANDS
NOW**

from the school office - only \$1

REMINDERS

Year 6 Urgent

Please return your expression of interest form for Year 7 if you haven't already done so.

Year 3-4 Excursion Lake Keepit.

1st - 4th September

Bus is now full. If you would still like your child to attend, please see Mrs Fenning immediately.

Keep those payments coming in.

Year 5-6 Excursion Bathurst

3rd - 8th November

\$50 deposit due NOW!

Further payments can be made anytime.

**Don't forget
paying Online is
now available.**

Simply log onto the school website at

www.nambuccahd-p.schools.nsw.edu.au. Select Make a Payment. When you get to payment options, please select the relevant section and enter payment description etc.

Inspiring Celebrations

Civil Marriage Celebrant

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CANTEEN ROSTER

Thursday 20th June
Jodie Heighington

Friday 21st June
Help Needed ???

Wed 26th June
Jade Muir

Thursday 27th June
Candice Chapman

Stop Press! Meal Deal

The "nutty" Nutella
people did not send
the Nutellas on time.
The extra for this week
will be Eucalyptus
Lollies.

2012 Yearbook

A limited number of
2012 Yearbooks are still
available to purchase
for those who would
like one.
Cost is \$22

Stage 3 Attend Type 2 Diabetes Forum

Last Thursday students in Stage 3 took part in a forum about Type 2 Diabetes. The Diabetes Education Officer from Newcastle University presented the lesson which covered elements such as;

- What Type 2 Diabetes is
- Signs and Symptoms
- Complications

As well as the constant reinforcement of methods of prevention. The children

were actively involved in the presentation and came away with a new-found knowledge about this chronic disease. Thank you to the presenter, Janice Smith and congratulations to Stage 3 students on your enthusiastic participation in the workshop.

Future success

If you had a choice of bestowing great intelligence or great persistence on your child at birth, which would you choose for your child? Your choice could make a profound difference on your child's success at school, their future levels of achievement and eventually their income as an adult.

Find out more: <http://parentingideas.com.au/Blog/April-2013-%281%29/Intelligence-or-persistence--which-would-you-choos>

Managing depression

One in four kids over 12 have symptoms of depression. What to look for and how to help.

Listen to brain and mind specialist Professor Ian Hickie chat with James O'Loughlin on helping kids beat the blues.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/managing-depression-in-children>

Monday-itis

Sometimes it's hard to know if your child is really coming down with something or just suffering a bout of Monday-itis. For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/too-sick-to-go-to-school>

Food allergies

Do you know a child with a serious food allergy? Read about how to recognise a reaction - to help keep the kids we love safe.

Find out more: <http://www.foodallergyaware.com.au/awareness/>

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**THIS SPACE AVAILABLE FOR
ADVERTISING FOR THE YEAR**
**Contact the school on
6568 6411 for more
information**

Worried about your child's hearing?
Have they had lots of colds and ear infections?
Do they seem like they are ignoring you?



Then come along to

Otitis Media Awareness Day

Thursday 20th June

Park Beach Plaza
 (Outside Big W)

9.30am – 4.30pm

Ear Health Checks for Children (0 – 18years)

FREE

No Appointment Necessary

Each ear check will only take approximately 5 minutes

VACATION CARE FUN FOR CHILDREN DURING SCHOOL HOLIDAYS

Vacation care is a federally funded service which provides child care for primary school aged children of parents and carers who are working, studying or looking for work; respite places are also available. This service operates in Macksville and Nambucca Heads during the school holidays from Monday 1st July to Friday 12th July. Our Nambucca Centre (ONLY) will be open on Monday 15th for the Pupil Free Day.

The program provides high quality care, fun activities, sport, craft, excursions and lots more! Hours of operation are from 8.00 am until 6.00 pm; fees start from \$6.85 per child per day (with Child Care Benefits); even less with Child Care Rebate!

After School Care service also operates at Frank Partridge VC Primary School Monday to Friday during school terms.

For information on both services and bookings please phone Gail at Family Services on 65681474 Monday to Friday 9.00am – 4.30pm or email vaccare@bigpond.com. **Bookings and enrolments are necessary before children attend**

MACKSVILLE & NAMBUCCA VACATION CARE PROGRAMME – JULY 2013

A variety of other activities & sport is always available for the children to choose

Monday 1/7/13 Logo Competition – draw one for our service Ball Games – Captain ball, dodge ball, tunnel ball  COOKING: Muffins Egg Carton Gardens	Tuesday 2/7/13 Excursion: Nambucca Cinema "EPIC 2" <i>(From the makers of Ice Age)</i>  Cost: \$17.00 includes movie, popcorn, drink & bus	Wednesday 3/7/13 TENNIS WITH KYLIE & NATALIE  Macksville - walk to Macksville Tennis Courts Nambucca - will be held in the school hall at centre	Thursday 4/7/13 DISNEY DISCO  With DJ Eisho Dancing, games, fun activities, tattoos, masks Macksville Ex-Services Club Cost: \$9.00 includes bus, disco & BBQ lunch	Friday 5/7/13  Move over We're making Vaccas! Healthy burgers & fries for lunch  SCRATCH ART Cost lunch: \$3.00
Monday 8/7/13 NAIDOC Week  Celebrating art, craft, stories, & our beautiful environment 	Tuesday 9/7/13 Excursion to -  SKILLS, FITNESS AND FUN...ALL IN ONE TOORMINA: Gymnastics, jumping castle, playground, rock climbing Cost: \$17.00	Wednesday 10/7/13 Bush Tucker  WISKEY OBSTACLE COURSE Includes silly jumps, zig zag run, balloon squats, box hop	Thursday 11/7/13 Salt dough & sand clay creations  Dreamtime movies 	Friday 12/7/13 Kegel 9-Pin Bowling Coffs Harbour  Cost: \$14.00 Winner of Logo Comp announced and prize awarded
Monday 15/7/13 NAMBUCCA CENTRE ONLY Local Bush Walk – discover what's around our centre. This is an optional excursion, other choices at centre  Bush craft ideas	<ul style="list-style-type: none"> Please ensure you have provided us with a current Immunisation History Statement or exemption form. An updated Enrolment Form needs to be completed if you haven't already done so this year. More detailed information regarding excursion times, number of educators attending and any other relevant items will be available at the centre. Information on the Child Care National Quality Framework that applies to OSHC is also available at the centre. See staff. <p>MONDAY 15TH JULY IS A PUPIL FREE DAY FOR PUBLIC SCHOOLS. PLEASE NOTE THAT THE LAST DAY OF VACATION CARE AT MACKSVILLE CENTRE WILL BE FRIDAY 12/7/13. THE NAMBUCCA CENTRE WILL BE OPEN ON MONDAY 15TH JULY FOR BOTH MACKSVILLE & NAMBUCCA FAMILIES.</p>			

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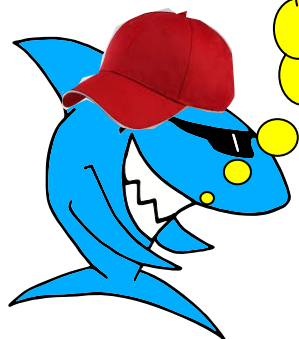
School Holiday Football Clinic (Soccer)



Please find attached a copy of flyer for the **Coffs Harbour Football for Children Skills Clinic** supported by North Coast Football.

This clinic will be held during the school holidays at Rushforth Park Grafton on the 10th and 11th of July and is a great chance for children to get active.

Don't forget to bring your hat to school EVERYDAY:)

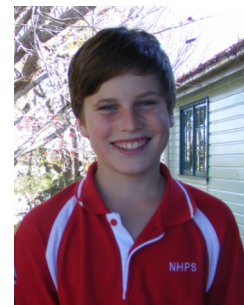


SCHOOL BANKING Thursdays

SPORT & MORE NEWS

North Coast Touch Trials

Alex Cowan, Dakirra Williams, Isaac Jones and Isaac Hodnett Daly attended North Coast PSSA Touch football Trials last week. All played well. Isaac Jones was selected in the North Coast Team. He will now play at the State Touch football Carnival next term.



Isaac Jones

1 Emu's Post Office Visit

On Monday 17th 1MH walked to the Post Office to post our letters. We saw the Postman and bought some stamps. We showed off our best NHPS manners and had some good guesses about how long it will take our letters to reach our house.



Above - Keira Phelps and Lochy Heighinton lining up to buy stamps.

Above right - Ruby-Mai Matthews and Kaylan McGrath posting their letters.



Right - The Emus ready to go



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