

# Nambucca Heads Public School

Member of Nambucca Valley Community of Public Schools

Cnr Ridge & Lee Streets  
PO Box 355  
NAMBUCCA HEADS,  
NSW, 2448

Ph: 6568 6411  
Fax: 6568 8205

Principal:  
Les McMahon

## Principal's Report

### School Photos

School photos are on the horizon again! On Monday 28<sup>th</sup> May MSP Photography will be visiting to photograph students. Order envelopes will be sent home today. Spare envelopes and family group order envelopes are available from the office.

Please ensure students are in full school uniform for class photos.

### Strike Action

This Friday 18<sup>th</sup> May there will be a state wide stop work meeting by teachers. A number of teachers at NHPS will be striking, but there will be some teachers in attendance. Minimal supervision will be available during the morning from 9am to 11am. Normal school routine will resume at 11am. We sincerely apologise for any inconvenience.

### Uniform

I am concerned about the interpretation of our girls winter uniform, with a number of students wearing tights instead of track pants. We are being proactive about girls in appropriate school uniform, no tight shorts or tights in winter. Please ensure your girls wear appropriate winter uniform.

### Triple P Program

Parents and community members who are

[www.nambuccahd-p.schools.nsw.edu.au](http://www.nambuccahd-p.schools.nsw.edu.au)

Email: [nambuccahd-p.school@det.nsw.edu.au](mailto:nambuccahd-p.school@det.nsw.edu.au)

interested in attending the Triple P workshops –

12<sup>th</sup> June – The Power of Positive Parenting

19<sup>th</sup> June – Raising Resilient Children

26<sup>th</sup> June Raising Confident, Competent Children

Parents and community members can register by contacting the school office or by phoning 65687364.

The seminars will be held in the school Hall from 10am to 12pm. Lunch will be served afterwards to enable participants to chat with facilitators from Nambucca Bellingen Family Services.

### NAPLAN

National Assessment Program Literacy and Numeracy (NAPLAN) testing has been occurring this week. Tuesday Language Conventions and Writing occurred. Today, Wednesday the Reading test was conducted and tomorrow, Thursday, the Numeracy test will be conducted.

We look forward to feedback from the tests, which the school examines carefully to inform improved student learning outcomes.

### P&C AGM

It would be lovely to see a Hall full of parents and community members at the P&C AGM tomorrow night at 6.30pm. The P&C do a wonderful job of supporting the whole school community and would love

**Week 4**  
**16 May 2012**

### May

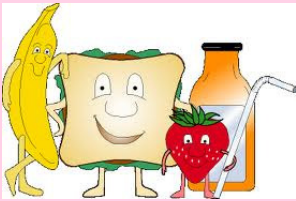
- 15 NAPLAN
- 16 NAPLAN
- 17 P&C Meeting 6.30pm
- 17 Scripture Puppet Show
- 28 School Photos
- 30 Show K-4 9.30 "Tiddolk the Frog"

### June

- 6 Show K-6 Adam Michinal
- 11 Queen's Birthday Public Holiday
- 25 Reports Home
- 26 NAIDOC Week Day of Celebration
- 27 Stage 1 PJ Day
- 28 Last day of Term



## CANTEEN ROSTER TERM 2



**Thu 17th May**  
Cathy McDonald

**Fri 18th May**  
Anna Marie Cohen

**Wed 23rd May**  
Sonja Grafinina

**Thu 24th May**  
Lee Gibson

**Fri 25th May**  
Help??

## Principal's Report cont....

some extra parents to assist in the valuable work they do. It is a great opportunity to contribute to your school community!

### Meeting with Parents of Aboriginal students and Community Organisations

A meeting with parents of Aboriginal students and community organisations will be held this Thursday 17<sup>th</sup> May. Where – School Hall, Time – 2pm to 3pm. Afternoon tea will be served. This is an important meeting to discuss NAIDOC week activities and other programs and initiatives to support Aboriginal students at NHPS. We would love to have all concerned parents, with ideas and opinions, at the meeting.

### Ritchies IGA Community Benefit Program

Every year Ritchies IGA donate to a nominated service, sporting club, schools, hospitals & charities. We would like to say a big thank you to Ritchies IGA and parents and the

community for supporting this program. So far Ritchies have donated \$353.29 to our school.

So if you haven't already done so, please consider applying for a free Ritchies IGA Community Benefit Card and nominate NHPS as school as your preferred beneficiary. This really is a significant support for our school.

Please note that Ritchies IGA was formerly Jury's IGA at Nambucca Plaza.

### Staff Car Park

I have received a number of complaints concerning vehicles illegally parked in the School's Staff Car Park. Please be advised that the car park is a private car park, not for general use by the public. It is designated and signed posted for the use of school and departmental staff only. The area also has one disabled car space for setting down or picking up disabled children and/or adults. It was not designed as a general setting down or picking up area for students. I ask that drivers of all vehicles observe the signs to ensure the safety of our children and drivers of other vehicles.

Jenny Joske  
Relieving Principal

## Maths Tip of the Week

Measuring things around the house can be fun. Use paper clips, pencils or pop-sticks to measure objects in pictures or pieces of furniture like tables etc. Older students can measure using a ruler. Don't forget to have a guess before you start to measure and then check on your guess. Find things that are less than a metre, about 1 metre and more than 1 metre. Why not step out the backyard and check its size.

Games such as darts are ideal for older students. There are a variety of darts games like counting down from 301 to exactly zero with each player finishing the game with a double. In turns, each player throws three darts and deducts from the total of 301. Encourage mental computation to work out the score.



**Start Collecting your stickers to earn great new resources for our school.**

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## Just like the big kids

Yes, just like the big kids, Stage 1 held its own mini Cross Country on Friday. The students had a course around the middle flat and bottom oval. And yes we could identify some champion runners of the future. Here are some photos we would like to share of our Cross Country.



## Maths News

I am in the process of negotiating to have two information sessions on maths taught at school for parents. One will be for parents K-2 and the other one for Years 3-6 parents. Watch this space for more information and dates.

## NAPLAN Question - Year 5 Language Conventions

Last week's winner of the canteen voucher was - Cameron Adair  
This week's question is.....

Which sentence correctly uses the apostrophe (')

- ☐ Pams dogs sometimes play with toys'.
- ☐ Pams' dogs sometimes play with toys.
- ☐ Pams dogs' sometimes play with toys.
- ☐ Pam's dogs sometimes play with toys.

Shade  
one bubble.



## Stage 1 Enjoying the Mini X-Country



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## Thank you P&C

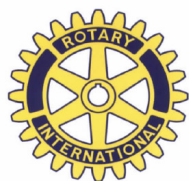
A big thank you to our fabulous P&C for their community spirit. We recently received this letter from Mid North Coast Health.

"One again we thank you for your thoughtfulness in providing us with wonderful bags containing products to brighten the day for patients and families who have unfortunately found themselves in Hospital. It is lovely to be able to assist the patients in this way and to see how appreciative they are of someone else's kindness.

As you can imagine there are many families who find themselves in an unexpected position and are often quite anxious about being in Hospital and being away from home. Knowing other people appreciate what it is like helps to make them feel a little more at ease. We are therefore very grateful for your commitment of time and effort in making up these bags to assist families. I assure you they are most welcome.



## COMMUNITY NEWS



### ROTARY BOWELSCAN FOR 2012



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June 16TH

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PHARMACY

## Stars of the Week 11 May 2012

Stage 1 only received awards this week as Stages 2 & 3 were at X-country.

Kyron Auld, Kalen Marquardt, Koby Loughton, Shaina Cohen, Kai Davis, Benny Battiston, Zeke Waters-Miller, Bindi Guerke, Luke Gruenhofer, Willow Punton, Lily Kelsey, Jayden Ward, Elle Holladay, Hunter Ford, Ralph Binge, Will McKinney, Grace Holladay, Logan Donovan.

### Students of the Week

Jye Rothe, Jayden Jackson, Jaxon McQueen, Roxanne Hall, Alexi Williams

## Godly Play

Godly Play is a fun and friendly way for children to explore the spiritual side of life through storytelling, art and craft, music, and a shared meal. Primary school aged children of any faith background, or no faith at all, are welcomed and respected. Godly Play is fully supervised so children can attend either independently or with their families. We meet on Sunday evenings during school terms, from 5pm-6:30pm, in the hall behind St John's Anglican Church (corner of Kent St and Short St, Nambucca Heads). Phone Revd Lisa Williamson for more information - 6568 9094.

Loving butterflies is easy. Loving a caterpillar - the squirmly, unattractive critter destroying your vegie patch - that is grace. May God bless you with a love of caterpillars.

## Inspiring Celebrations

### Civil Marriage Celebrant

Deborah McMahon

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Page 4

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## COMMUNITY NEWS cont....



# Sue Dengate

Former teacher and psychology graduate, author of the famous *Fed Up* series, Australian of the Year finalist in 2009, Sue Dengate became interested in food intolerance after recognising the effect of foods on her own children. In the past 20 years, Sue has spoken to tens of thousands of parents in Australia, the USA and the UK. Further information on Sue's work at [www.fedup.com.au](http://www.fedup.com.au)

## Fed Up with Children's Behaviour HOW FOOD AFFECTS YOUR CHILD

### 21 May 2012, 10 - 12pm

Venue: Macksville Public School  
Wallace Street, Macksville

Cost  
\$10 p.p

To register or for more information please ring  
Nambucca Valley Early Childhood Intervention  
02 6568 4026 or email [nveci@bigpond.com](mailto:nveci@bigpond.com)  
Prepaid tickets available online at  
[www.fedup.com.au](http://www.fedup.com.au)  
Tickets may be available at door if unsold.

Buy online to avoid disappointment!



Sue's Fed Up, Failsafe Cookbook and DVD Fed Up with Children's Behaviour will be available at the talk at discounted prices payable by cash, cheque or credit / debit card.

'Wow!!! Hearing Sue speak was probably the most enlightening experience I have had this year, if not this decade'

'you touched our lives in an incredible way'

'you gave us the chance to see what a beautiful little boy we have'

'we would still be living with an unhappy, difficult child'

This talk includes ...

- Arguments, oppositional defiance, tantrums.
  - Bedwetting, sneaky poos, sticky poos
  - Asthma, itchy skin rashes, migraine
  - Difficulty falling asleep, frequent night waking
- Depression, unexplained tiredness, difficulty concentrating

Hidden and new food additives, what's wrong with fruit

"It was the most fascinating two hours I have spent in a long time..."

- Bubs about Town



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NAMBUCCA VALLEY EARLY CHILDHOOD INTERVENTION PROGRAM  
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Phone: 02 6568 4026 Mobile: 0428 684 026 Fax: 02 6568 2076  
Email: [nveci@bigpond.com](mailto:nveci@bigpond.com) PO Box 617 Macksville 2447

## Walk to School Day

Friday the 18<sup>th</sup> May is Walk Safely to School Day. We encourage our families to



walk to school that day or park the car down the road and enjoy a walk to school with your children, teaching pedestrian behaviour on the way. Walking to school promotes a healthy lifestyle and creates healthy habits early in life. Also it can reduce traffic congestion and save on the petrol bill as well as reducing the level of pollution. Positives all round! See you on the footpath on the



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## SCHOOL BANKING

By now you would all have heard about the competition "Be a Dollarmite" what a fantastic competition with great prizes to be won.

The competition runs from 16th April to 30th June. To be part of this great competition 5 deposits have to be made by the students and 5 transmissions by the school in this time frame.

**Major Prize:** A child can be a Dollarmite Character for a Year, 25 iPads for winning school, \$1500 excursion money for class

**Runner up Prize (50 to be won)** Movie tickets for child, 10 iPads for school, \$1000 excursion money for class - SO GET SAVING

## School Banking



**Thursdays**

## SPORTING & COMMUNITY NEWS

### Bowraville Cross Country

Last Friday 11<sup>th</sup> May the Bowraville Cross Country was held. The following children have qualified for the Mid North Coast Cross Country to be held on Friday 25<sup>th</sup> May at Westward Park Grafton

Ella Williams 1, Charlotte Williams 2, Angus Kimber 2, Bella Ronan 2, Haidi McAlpine 3, Adam Cross 3, Laynhi McAlpine 7, Ben Mander 8 and Monty Wilson 9. Tia Scarth 11 is a reserve.

Other results : Dakirra Williams 13, Mia Kelsey 13, Isaac Jones 16, Jye Kimber 18, Zeke Laidlaw 19, Brody Lee Gruenhofer 20, Mary Hopkins 22, Taylor Adair 22, Bailey Rixon 22, Keyarna Baker 26, Drew Bennett 27, Koelby Welsh 29, Kade Scarth 30, Aretha Stewart-Brown 33, Brodie Kerwin 34, Amy Gooch 35, Toby Breeze 36, Isaac Hodnett-Daley 40, Georgia Hoffman 4, Llogan Greenup-Stokes 41, Poppi Rogers-Palmer 41, Lyam Caesar 42, Alex Cowan 42, Jake Laidlaw 43, Elly Gooch 43, Chloe Martin 43, Jayda Rixon 43, Katie Hopkins 44, Daniel Teece-Johnson 44, Sophia Gora 45, Oscar Jones 46, Emma Bournes 46, Carly Robbins 47, Bailey Thompson-Rowell 47, Georgia Heffernan 49, Tasman Malouf 50, Lachlan Reiss-Weirs 50, Ethan Hocking 51, Chloe Keppie 51, Keisha Loughton 51, Joshua Preston 52, Liam Jones 58, Chloe Wicks 59, Patrick Noonan 59, Maddy Adams 60, Connor Ford 60, James White 61, Aiden Ahearn 62, Breanna Knight 65, Titan Challenor 68, Tara Le Franc 68, Maddison Norris 71, Kyuss Steele 78, Finn Ennis-Nickson 83, Kurt Smith 84, Logan Mackney 93 and Joe Malouf 94

### Most Improved Trophy

Lachlan Reiss-Weirs was the most improved runner. He improved 34 places. Other children who improved were Drew Bennett 22, Connor Ford 17, Bailey Thompson-Rowell 15, Taylor Adair 13, Chloe Keppie 13, Bella Ronan 11, Llogan Greenup-Stokes 9, Georgia Heffernan 7, Brody Kerwin 6, Keisha Loughton 5, Brody-Lee Gruenhofer 5, Mary Hopkins 4, Angus Kimber 4, Keyarna Baker 4 and Adam Cross 2

### Improved over 3 Carnivals

Keisha Loughton 60, 56, 51 and Angus Kimber 9, 6, 2 have improved over 3 carnivals. Ben Mander 53, 8, 8 and Adam Cross 5, 5, 3 have also run well over 3 carnivals.

Keyarna Baker has also run well over 4 carnivals 68, 36, 36, 25.

The following runners finished in the same place as last year Tia Scarth 11, Ben Mander 8.

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